

RESURRECTION ROMAN CATHOLIC PARISH

3155 Windsor Park Road - Regina, SK S4V 3B1

Phone: 306-352-0800

Email: office@resurrectionparish.ca
pastor@resurrectionparish.ca

Office Hours: Monday - Friday: 9:00 am – 2:00 pm

Please ring the doorbell



Third Sunday
IN LENT

MAR 3 2024



Today's Readings

First Reading - **Exodus 20.1-17**

Responsorial Psalm - **Ps 19.7, 8, 9, 10**

Second Reading - **1 Corinthians 1.18, 22-25**

Gospel - **John 2.13-25**



This week
Mar 5th to Mar. 10th

Tuesday: 7:00 pm

Wednesday: 9:00 am

Thursday: 9:00 am

Friday: 9:00 am

Saturday: 5:00 pm

Sunday: - 9:00 & 11:00 am

WORSHIP
with us

The first Friday of every month - Adoration from 9:30 am to 11:00 am.
Reconciliation from 9:30 am to 10:30 am

PASTORAL TEAM

Pastor: Fr. Brad Fahlman

Associate Pastor: Fr. Yannick N'Cho Deacon: Reverend Mr. Joe Lang

Resurrection Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Mass Intentions

Tuesday	7:00 pm	+ Ann Kowalski by Garnet & Mary Ellen Davis
Wednesday	9:00 am	+ Anna Rondeau by Pat Pantel & family
Thursday	9:00 am	+ Ryan Booker & + Michael Baun by Susan Deobald & Isabel Wild
Friday	9:00 am	+ Mark Lopez by Ken & Marg Engel

PLEASE NOTE: To request a Mass Intention please contact the Parish Office or visit the Welcome Desk after Mass. Due to the high volume received, some Masses may be celebrated at other parishes.

INFORMATION

RECONCILIATION

- Tuesday - 6:15 pm to 6:45 pm
- Saturday - 4:15 pm to 4:45 pm
- The first Friday of each month 9:30 am to 10:30 am, during Adoration
- By appointment by calling Fr. Brad

ANointing OF THE SICK / MINISTRY TO THE SICK

Please call the Parish Office to arrange for anointing for someone who is seriously ill, preparing for surgery or home-bound. We can visit upon request

MARRIAGE

Please contact the Priest to make arrangements *at least nine months in advance*

SACRAMENTS

- Baptism
- Confirmation/First Eucharist (Grade 2+)
- First Reconciliation (Grade 4+)
- Rite Of Christian Initiation For Adults
- Rite Of Christian Initiation For Children

Contact: sacraments@resurrectionparish.ca

FUNERALS

Our staff are able to assist you during this difficult time. Once you have contacted the funeral home, please call the Parish Office to plan the funeral Mass and other arrangements

PARISH REGISTRATION

Registration forms are available on the Resurrection web-site, at the parish office or at the Welcome Desk. Please notify the Parish Office of any address changes.

HOSPITAL CHAPLAINS

Hospital chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick.

Pasqua Hospital: 306-519-1380

Wascana Rehabilitation Centre: 306-530-6511

General Hospital: 306-519-1405

Lent

Resurrection  Parish



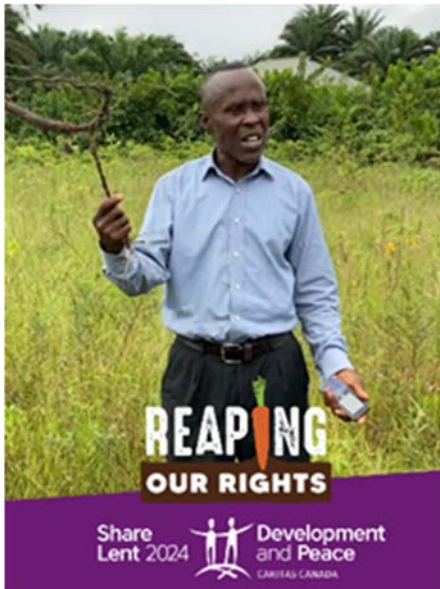
STATIONS of the CROSS



Parish Lenten Reconciliation
Friday March 15th
5:00 pm to 7:00 pm



Join us for soup and a Lenten Reflection
Tuesday's until March 19th at 6:00 pm.
(freewill offering)



Denouncing oil pollution in Nigeria

Nigeria is Africa's largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship.

Development and Peace — Caritas Canada's partner Health of Mother Earth Foundation (HOMEF) defends farmers' rights and helps protect their lands.

To learn more about the work of HOMEF, read our [Mini-magazine](#) and watch the video at devp.org/lent.

To download the Share Lent calendar for families to follow throughout Lent go to:

<https://devp.org/en/campaign/reaping-our-rights/solidarity-calendar/>





RespectLife
Resurrection Parish



Resurrection Parish

Please consider signing a postcard against expanding Euthanasia to those with mental illness. The faces of those struggling with mental illness are our brothers & sisters, veterans, neighbors and the face in the mirror. Canadians need access to quality mental health care and other social supports; we need advocacy and resources that support healing and resilience. Presently the Government has put this on hold because we are not ready for this expansion YET. Let us speak out and say that we do not need Euthanasia for mental illness EVER. The postcards from the Euthanasia Prevention Coalition can be filled out at the welcome desk in the foyer. **LET YOUR VOICE BE HEARD.**



Did you know that Resurrection parish has a Automated External Defibrillator? It's located in the entrance foyer near the South Office door off of Buckingham Drive.



**CAMP MONAHAN ANNUAL
SHAMROCK DRIVE**



**Knights of
Columbus®**

Camp Monahan is a Catholic youth camp, owned by the Archdiocese of Regina and located on Katepwa Lake. Since 1945, the mission of Camp Monahan is to provide a fun, challenging camping experience in a Christian setting. Camp Monahan offers programs for children ages 6 to 16 that provide opportunities to explore the environment, be physically active, meet new friends and make memories that last forever! The Knights will be handing out shamrocks after all Masses on the **weekends of March 10th and 17th**. A free will offering can be made to support Camp Monahan. Registered charity receipts will be issued for donations made by cheque payable to Camp Monahan



Social Justice Sandwich Project Thank you!!

Thank you to everyone for your generous support in providing items and donations as well as your time to put together and distribute the bagged lunches to those in need.

This month the team came together to make sandwiches and fill the lunch bags with cheese, fruit, juice boxes and granola bars.

The Knights of Columbus generously give their time to deliver the lunches to First Baptist church as well they distribute and visit with those who come through the doors.

Often words of appreciation are received from the guests with many 'thank you's'.

In addition to the lunches we also provide additional items such as socks, toilet paper and feminine hygiene products to name a few.

The cost of making 220 bagged lunches has increased to about \$600. The team has been doing this important work for two years now and the need continues.

To date the collective number of sandwiches distributed through this project is 22,000+.

The next schedule Saturday for Resurrection Parish will be June 1.

We thank you and pray for your continued support.



FORMED brings beautiful and faithful Catholic content to parishes, families, and individuals. There is something for everyone here: award-winning studies and parish programs,

inspiring audio content, movies, e-books, and family-friendly kids' programming. Led by the Augustine Institute and Ignatius Press, and in collaboration with over 100 content providers, this site reaches more than one million subscribers worldwide.

Resurrection Parish has a subscription. People can sign up by searching: Formed.org. Then create their own account and choose our parish in the sign-up process.



Take your empty bottles and cans to SARCAN Drop & Go for the Knights of Columbus Fund-raiser for Charity. All you have to do is enter the code 3067892993, it's as easy as that! If you can't make it to SARCAN, call that number and we'll pick up your bottles and cans for you.

Thank you so much for your support!



The regular meeting of the Resurrection CWL will be held on Tuesday March 5 in Meeting Rooms 1&2 after the 7:00 pm Mass. Farrah Semegen will be presenting on the Catechesis of the Good Shepherd. This is a program for children which Resurrection parish is looking at implementing this fall.

All ladies in the parish are invited to attend. See you on Tuesday!



CWL CORNER

The Catholic Women's League of Canada means many things to people. Our core values of faith, service and social justice guide us as we follow Catholic teaching, provide service locally, nationally and internationally, and work to advocate for social justice. We have taken 52 words from our National Sisterhood Map and will present one of them here each week

SOLIDARITY

We are all sisters and brothers who actively work for the common good. Through the Catholic Women's League, members are invited to build relationships – to understand what life is like for others. Join us in solidarity as we journey towards peace and justice.



DO YOU PLAY GUITAR?

Our Junior Youth Choir would love to have an adult guitar player join the group! Practices are Monday evenings.
If interested, please contact Elaine at elaine.verhelst@sasktel.net



**Mondays
at
10:00 am.**

**CHECK THEIR FACEBOOK PAGE
"RESURRECTION PARISH
MOM GROUP"
OR CONTACT SARAH FRANCE AT
306-216-5443**

ST. GABRIEL



St. Gabriel School
Kindergarten
Registration
Is Open!

Register now to ensure a spot in
our school for Fall 2024
Open to children born in 2019

25 spots still available

Register **online** today
<https://stgabriel.rcsd.ca>



Do you like to knit or crochet? Are you interested in gathering for fellowship and knitting or crocheting items for those in need? We invite you to join us at Resurrection in Meeting Room 3 on Wednesday's between 1 and 3 pm. Please call the office at 306-352-0800 if you are interested.

Can't join us, you can still help us out with donations of yarn.

BABY SHOWER



Until March 3rd the CWL and the Knights of Columbus will be holding a Baby Shower to help provide Carmichael Outreach with the following:

- diapers age 3 months+
- baby clothes age 6 months+
- formula (premixed or powder)

Thanks!

Cash or cheques made to Carmichael Outreach can be dropped off at the Information Desk after all weekend Masses. Receipts for donations for \$20 or more.



SERVANTS OF GOD

We're looking for people to sign up to help with all liturgical ministries. Even if you had helped out in the past; please take this opportunity to sign up again. Please see our website for more information



OUR PARISH HAS AN ACTIVE PRAYER MINISTRY. IF YOU OR SOMEONE YOU KNOW IS IN NEED OF PRAYER, OR IF YOU WISH TO JOIN THE PRAYER MINISTRY PLEASE CONTACT

Sharon Schauerte
Ph. 306-586-9143

Email: sharon_schauerte2@hotmail.com



**EMAIL MONEY
TRANSFER**

Did you know that you can send your weekly tithes and offerings now by e-transfer? Over fifty percent of our donations are by weekly e-transfer. Send them to finance@resurrectionparish.ca and they will be included with your annual tax receipt. If you would like to inquire about other ways of giving electronically, please email the Parish at finance@resurrectionparish.ca or call our office at 306-352-0800. Thank you again for your generosity in doing the Lord's work in our Parish, our community, our city, and beyond.

SACRAMENTS

... an ongoing journey of faith

SACRAMENT PREPARATION

Baptism Registration for children under the age of seven is ongoing

Preparation classes are required, so register as soon as possible. Registration can be submitted and classes taken prior to the birth of your child. *The next Baptism Preparation Class will be held May 4th, with the Baptism Celebration on May 12th.*

Anointing of Sick

Available to anyone who is seriously ill or preparing for surgery

Reconciliation

Priests are available before or after any Mass - or by appointment

Marriage

Register as soon as possible to ensure marriage preparation can be completed

For any of these sacraments Call Fr. Brad at 306-352-0988

RCIA



RCIA IS A JOURNEY IN FAITH

and a process of meaningful learning, discussion and discernment.



PERIOD OF PURIFICATION & ENLIGHTENMENT

The **third phase of preparation** takes place during Lent.

At this time we set aside our book learning and enter into a time of more intense spiritual growth, examining our lives, and determining where God is calling us.

We look at the world and ourselves with the eyes of faith and we join in the celebration of Holy Week and Easter.

A **Candidate** is a baptized* Christian who is discerning a decision to join the Catholic Church.

A **Catechumen** is an unbaptized* person who is discerning a decision to join the Catholic Faith.

Discernment is supported with faith formation through a process known as **RCIA**.

*All trinitarian baptisms are recognized, meaning a baptism using the words
"In that name of the Father, Son and Holy Spirit."

For more information on RCIA, please contact:

rcia@resurrectionparish.ca for adults
rcic@resurrectionparish.ca for children/teenagers



Baptism

Confirmation






















First Eucharist

First Reconciliation



We APPRECIATE and THANK YOU for your continued prayers.

Please take a few minutes each day during Lent to PRAY for us, as we continue our journey to being fully received in the Catholic faith at our Easter Vigil.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>2024 RCIA Prayer Calendar</h1> <h2>March, 2024</h2>					<div>1</div>  <div>Adam</div>	<div>2</div>  <div>Byron</div>
<div>3</div> <div>Pray for All</div>	<div>4</div>  <div>Jace</div>	<div>5</div>  <div>Martin</div>	<div>6</div>  <div>Adam</div>	<div>7</div>  <div>Katie</div>	<div>8</div>  <div>Taylor</div>	<div>9</div>  <div>Juliana</div>
<div>10</div> <div>Pray for All</div>	<div>11</div>  <div>Isabel</div>	<div>12</div>  <div>Maryanne</div>	<div>13</div>  <div>Kevin</div>	<div>14</div>  <div>Declan</div>	<div>15</div>  <div>Joshua</div>	<div>16</div>  <div>Israel</div>
<div>17</div>  <div>Jaydon</div>	<div>18</div>  <div>Blake</div>	<div>19</div>  <div>Ana</div>	<div>20</div>  <div>Annabel</div>	<div>21</div>  <div>Tabitha</div>	<div>22</div>  <div>Ava</div>	<div>23</div>  <div>Jazmin</div>
24	25	26	27	28	29	30 / 31
<div>Holy Week — Please Pray for All Candidates and Catechumens</div>						

GOOD FRIDAY PASSION MIME

Are you in grades 6-12?

Resurrection Parish is looking for students to participate in the Good Friday Passion Mime.

Practices are February 18, 25 & March 3, 10, 17 & 24 from 6:30pm-8pm.

Email Victoria by February 16 youth@resurrectionparish.ca to join!

TEA TUESDAYS



Tuesdays
at 7:30 pm
Following the
7:00 pm Mass

Tea Tuesday is for youth ages from High School to University and is a time for sharing in fellowship and faith.

Source

2023-2024

Geared to those in Grades 9-12

Evening starts at 6pm

- Sept 10th - Our Lady of Lourdes Grotto, St. Peter's Colony
- Oct 1 - Resurrection
- Nov 5 - St. Cecilia
- Dec 3 - Christ the King
- Jan 7 - Christ the King
- Feb 4 - St. Cecilia
- Mar 3 - Resurrection
- Apr 7 - St. Cecilia
- May 5 - Christ the King
- June 2 - TBA

FREE Supper - Community - Talk
Adoration - Praise & Worship - Confession



Scan for the most up-to-date information or find us on Instagram!

@sourceregina



Check our web
site to download
a bulletin just
for the children.

Warm Welcome Coalition



Warm Welcome Coalition Centre Support needed for Warm Welcome Centre

Resurrection parishioners - You are invited to donate items to assist in providing tasty and nourishing food to folks using the Warm Welcome warming Centre located at Carmichael Outreach, open 11pm to 7am daily until the end of April.

Our Parish will be offering support by providing food and beverages for 60 people at the Centre on the nights of Saturday, Tuesday, March 26 and Saturday, April 27. Donations of muffins, cookies, granola bars, fruit, juice, coffee, and tea are needed. If you are able to help by supplying any of these, please drop them off at the Welcome Desk or contact the Office at (306) 352-0800 to coordinate a drop off time. We are also in need of monetary donations to purchase perishable items such as sandwich supplies and fruit. Please place your donation in the collection basket in an envelope marked "Warming Centre". If you wish you can send an etransfer to finance@resurrectionparish.ca, be sure to indicate 'Warming Centre' so the funds are allocated correctly. Any cheques should be made payable to Resurrection Parish with a note that the funds are for the "Warming Centre".

The Centre is also looking for Volunteers to assist the Carmichael staff overnight. If you are interested please contact Carmichael Outreach's volunteer coordinator at 306-531-7231 or email volunteering@carmichaeloutreach.ca. All volunteers must have a current police records check and will be asked to attend an orientation.

Please see the letter included in the bulletin.

Warm Welcome Coalition



Support Needed for Warm Welcome Centre

Local faith communities, organizations and concerned citizens have come together, recognizing the crisis for the houseless community and the severe cold weather coming. The Warm Welcome Coalition celebrates the funding announced to Carmichael Outreach from the Saskatchewan Government and the City of Regina for an overnight warming centre in Regina. Carmichael Outreach has offered their space and has developed a budget for staffing and managing this project. The centre will be open from 11pm to 7am, 7 days a week, from January to May 2024. The Warm Welcome Centre expects to provide space for up to 60 people at the start. We see this as addressing an immediate need while we continue to press the governments for a more permanent solution to houselessness, i.e. affordable housing with wraparound supports (Housing First).

We are now looking for volunteers to support the Carmichael staff overnight and various donors (faith communities and individuals) to donate food and beverages.

Volunteers should contact Carmichael Outreach's volunteer coordinator at <https://carmichaeloutreach.ca/volunteer/>. All volunteers must have a current police records check. Volunteers will also be asked to attend an orientation.

Donors will be primarily from faith communities. Donations could include items such as coffee/tea and supplies, juice, and snacks (e.g. muffins, sandwiches, baking, fruit, etc.) with enough for 60 people. Donations will be received during the daytime hours. No deliveries can be accepted at night for security reasons.

If you are interested in helping out, please contact one of our co-chairs:

Russell Mitchell-Walker or Madi Massier at warmwelcomeregina@gmail.com



MADE FOR **GREAT** -+NESS

A CATHOLIC MEN'S EVENT

Featuring **Bishop Michael Smolinski, C.Ss.R.** of the
Ukrainian Catholic Eparchy of Saskatoon.

Friday, March 8 from 6:00 to 8:30PM

Meal Served at 6:00

Presentation and Chat at 6:30

Devotions and Confession at 7:30

Conclusion and Fellowship at 8:30

St. Basil's Ukrainian Catholic Parish

1757 Toronto Street

Regina, SK



"Let no soul fear to draw near to me even though its sins be as scarlet"

You Are Invited to our 23rd Annual Divine Mercy Conference

to be held on

Divine Mercy Sunday

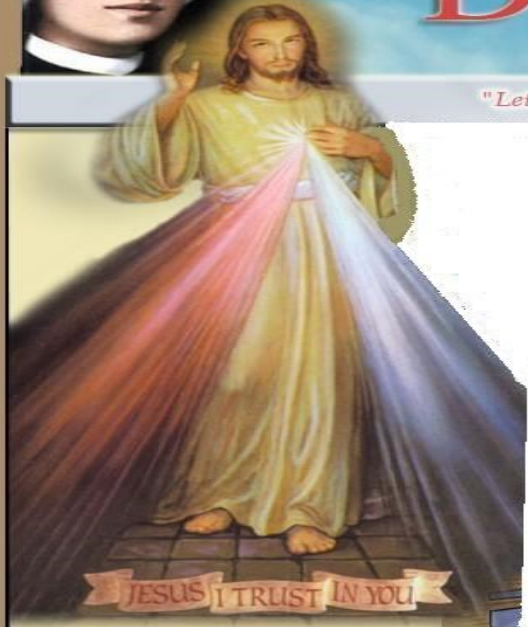
in person and

livestreamed at 1:30 pm from

St. Peter's Church

100 Argyle Street. Regina, SK

April 7, 2024



Program

At u-tube, stpetersregina or
EADMCANADA.COM under
conference tab

1:30 - 3:30 - Confessions

**1:30 - 2:00 - Welcome and presentation by
Shirley Oleskiw**

**2:00 - 3:00 Exposition of Blessed Sacrament
*O Saving Victim***

2:05 - Litany of the Holy Eucharist

**2:10 - Praises of the Divine Mercy, Consecration
to the Divine Mercy, Intercessory prayer to St.
Faustina, followed by the Prayer of Need**

2:25 - Rosary

2:50 - Chaplet of Divine Mercy

3:00 - Benediction, *Down in Adoration Falling*

**3:05 - Holy Sacrifice of the Mass celebrated by
Very Rev. James Owolagba. His presentation
will take place during the homily**

Final blessing with St. Faustina's Relic.



Very Rev. James Owolagba is
the Chancellor for the
Archdiocese of Regina. He is
the Spiritual Director of
EADM. He is also the
present pastor of St. Peter's
Church in Regina.



Shirley Oleskiw is the EADM
Director. She has dedicated the
last 23 years promoting the
Divine Mercy message and
the last 17 years promoting
Adoration and the Shrine to St.
Faustina.

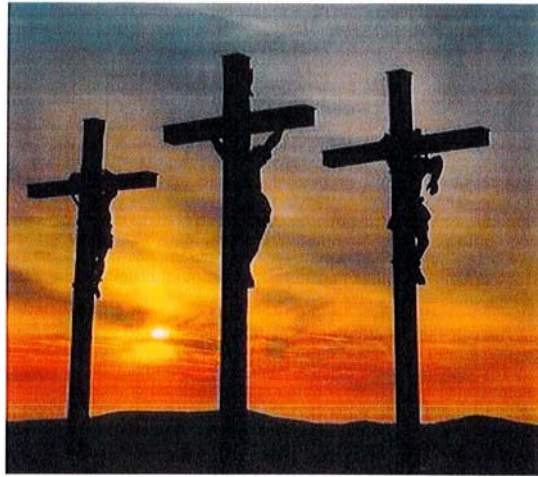


**Novena
to the Divine Mercy
is to be made 9 days before the Feast of Divine
Mercy. Start the Novena on Good
Friday, March 29**

484 Hamilton St. Regina, SK
S4R 2A7 (306) 949-8998
E-mail: eadmleskiw@sasktel.net
Visit our web: eadmcanada.com

"Jesus, I Trust in You!"

2nd Annual French Livestream Way of the Cross Through the Voice of Victims



Supporting Victims of Clergy Sexual Abuse

Saint Jean Baptiste parish, 2517, 25th Avenue, will host the second live stream edition of “The Stations of the Cross: Through the Voice of Victims: Supporting Victims of Clergy Sexual Abuse.” on Friday, March 15th at 7 pm. All are welcome: please join us in person or via live stream:

<https://www.youtube.com/@paroissesaint-jean-baptist4799/streams>.

To view or download the program visit this link:

<https://archregina.sk.ca/wp-content/uploads/2019/03/Soutenir-les-victimes-dabus-sexuels-clericaux.pdf>

Thank you for your participation.

An Evening of Italian Food, Fine Wine and Friendship

Saturday, April 20th @ 6:30 p.m.

Location: Right in your own home

Welcome to An Evening of Italian Food, Fine Wine and Friendship.

Have fun, enjoy some great food and friendship and support the residents of Santa Maria Senior Resident Home, Regina right in the comfort of your own home.

The evening is built around a four course Italian meal paired with wines recommended by a Sommelier. You may wish to be the chef for this event, coordinate a potluck evening, get take out from your favourite restaurant or order pizza. Your Choice! You may wish to simply party with us and have a beer. Your Choice!



Meet Greg Harasen, a certified Wine Specialist with Level 3 Wine and Spirit Education Trust Level 3 (2019) and Certified Specialist of Wine from the Society of Wine Educators (2021), who will guide us through the pairing of wines with an Italian supper.

This event can enjoyed as a large, small or solo event.

How do you get a ticket? Just e-transfer \$50.00 to: smf@saskhealthauthority.ca

Once the e-transfer is received, detailed information regarding meal choices, recommended wines and how to access this virtual zoom event, will be sent to you. Tickets must be purchased by: **April 10th, 2024**

For additional information contact: smf@saskhealthauthority.ca

Cost: \$50.00 per household (1 to 6 people)

Sponsored by the Santa Maria Foundation, Regina, SK.

All proceeds go to enhance the lives of Santa Maria residents.

Please do not Drink and Drive.



Archdiocese of Regina

Bulletin

March 3, 2024
Third Sunday
of Lent

2nd Annual French Livestream Way of the Cross Through the Voice of Victims Supporting Victims of Clergy Sexual Abuse

Saint Jean Baptiste parish, 2517, 25th Avenue, will host the second live stream edition of "The Stations of the Cross: Through the Voice of Victims: Supporting Victims of Clergy Sexual Abuse." on Friday, March 15th at 7 pm. All are welcome: please join us in person or via live stream: youtube.com/@paroissesaient-jean-baptiste4799/streams.

To view or download the program visit this link: archregina.sk.ca/wp-content/uploads/2019/03/Soutenir-les-victimes-dabus-sexuels-clericaux.

Join a new phase of the Synod! Tell the Pope What You're Thinking

How can we be a synodal Church in mission? The Synod of Bishops is reaching out for feedback on its Oct 2023 report, bit.ly/A-Synodal-Church-in-Mission. You are invited to attend a listening session to offer feedback on the October 2023 Synod document. Your contributions will feed into the 2024 Synod next fall. Attend a listening session in your parish or gather some friends for your own discussion. Prepare some notes and send us your thoughts. A Spiritual Conversation Guide is available at bit.ly/Spiritual-Conversation-Guide

Or, you might want to join a Zoom discussion (attend one or all, no commitment required). Before coming, read the marked sections of the Oct. 2023 Synod Report at

•Part I. The Face of the Synodal Church - Mar. 20 @ 7 pm
– read sections 3 and 5

•Part II. All Disciples, All Missionaries - Mar. 23 @ 10 am
– read sections 8 and 9

•Part III. Weaving Bonds, Building Communities - Apr. 6 @ 10 am
– read sections 14 and 18

•Draft report on 2024 Archdiocesan phase - Apr. 13 @ 10am

All sessions at bit.ly/YQR-Synod-2024 No registration. All are welcome.

For further information, contact Nick Jesson, Archdiocesan Synod Coordinator, njesson@archregina.sk.ca, or visit archregina.sk.ca/group/synod-2021-2024/

Archdiocese of Regina Social Media and Catholic News

Facebook: facebook.com/ArchdioceseofRegina/

Instagram: @archdioceseofregina

YouTube: youtube.com/archdioceseRegina

ArchRegina Weekly Report: Signup for weekly Catholic News at archregina.sk.ca/news/

TF #390: Restoring a First Nations Perspective on Treaty and Natural Resource Rights - Part 1



In this part one of two episodes, Indigenous ally Javed Sommers and Micheal Leblanc of Development and Peace Caritas Canada join the podcast to discuss treaty and natural resource rights through an Indigenous lens.

thinkingfaith.libsyn.com/restoring-a-first-nations-perspective-on-treaty-and-natural-resource-rights-part-1

Camp Monahan

Camp Monahan is getting ready for summer! Both camper Registrations and job applications are now open for our 2024 season. Please check our website for more information: campmonahan.ca. Camp Monahan AGM is scheduled for April 1st at 7:00 pm. Please call our office at 306-522-1047 or email us at campmonahan@sasktel.net for the link to the meeting.



Denouncing oil pollution in Nigeria

Nigeria is Africa's largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship.

Development and Peace — Caritas Canada's partner Health of Mother Earth Foundation (HOMEF) defends

farmers' rights and helps protect their lands.

To learn more about the work of HOMEF, read our Mini-magazine and watch the video at devp.org/lent.

Stewardship Bulletin Bit

"You shall not carve idols for yourselves in the shape of anything..." - Exodus 20:4

How many "gods" do you put before God? "Idols" do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort or health. Pray for God's help to prune our vices and to grow in virtue.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

WHEN THE MASSAGE
IS OVER AND YOU HAVE TO
TRY TO STAND UP...



Which of the following is the best
"me time" treat?

Manicure - 2.2%

Steak Dinner - 17.8%

Pedicure - 24.4%

Full Body Massage - 55.6%

Scott L. Bjornson,
CIM®, CFP®, FMA, FCSI, CPCA™
Senior Investment Advisor
IA Private Wealth | Living Sky Financial

101 Ridgeview Road, PO Box 37279, Regina, SK S4S 7K4
www.livingskyfinancial.ca
306-790-9454
Toll Free: 1-866-790-9454



Pat Sirois
Realtor® BBA

(306) 529-4161
www.Reregina.com
patremax01@gmail.com



Proud Members of Resurrection Parish
www.fiorantehomes.ca
3205 E Quance Street, Regina, SK S4V 3B7 306-569-3456

THE Home TEAM



Cell: 306.537.4304

Proud member of
Resurrection Parish



BILL MUELLER
Associate Broker
RE/MAX Crown Real Estate

Member of RE/MAX Regina "TOP 10"
Multiple RE/MAX Regina #1 Individual Agent

Regina Dent

Tel: 306.352.8899 • Email: ReginaDent@sasktel.net • 856 Dewdney Avenue

**YOUR CAR
GOT HAIL?
CALL OR VISIT US.
WE WILL TAKE CARE
OF THE BEST FOR YOU**

Parishoners' cars fixed at Regina Dent
5% will be donated to the church in your name.

Why Regina Dent?
SGI Approved
Hail/Dent Repair Experts
Guaranteed Work
Free Detailing
Courtesy Cars
Locally Owned/Operated

facebook.com/ReginaDent.ca @ReginaDent.ca Website: www.ReginaDent.ca

**Trinity Manor at Westerra
Welcome Home!**



Experience the freedom of
retirement at Trinity Manor, a
part of Emmanuel Care.
Attend mass, receive the
sacraments, or spend time in
reflection in our beautiful
chapel.

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